

CRISIS INTERVENTION PARTNERS (CIP) TRAINING



WHAT IS CIP?

Crisis Intervention Partners 16 hour training is modeled after the training component of Crisis Intervention Team (CIT) programs. CIP is designed for wide-ranging audiences including correctional officers, 911 dispatchers, hospital staff and more who are interested in better understanding and improving interactions with people experiencing mental health crises. Through information and practice, CIP is re-training participants to effectively use attitudes, beliefs and verbal/nonverbal skills as a part of their response to crisis situations.

CIP'S CORE PHILOSOPHY

- ◆ Improve safety and avoid any unnecessary use of force
- ◆ Advance identification, referral and treatment planning for those living with mental illness
- ◆ Boost staff moral by increasing confidence and collaboration

WHAT DOES CIP ENTAIL?

- ◆ *Basic education* on human development, the impact of trauma and background on mental illnesses (symptoms, treatments)
- ◆ *Presentation and discussion* with a person living with mental illness
- ◆ *Safe, effective crisis de-escalation* training and active listening skills
- ◆ *Self-care*, building support networks and resiliency techniques
- ◆ *Interactive role-play* on crisis de-escalation with feedback from trainers