

CRISIS INTERVENTION TEAM (CIT) TRAINING



WHAT IS CIT?

Crisis Intervention Team training is a community initiative designed to improve the outcomes of police interactions with people living with mental illnesses which provides 40 hours of training for law enforcement on how to better respond to people in a mental health crisis.

CIT is not just a training; it is a long-lasting, evolving partnership between law enforcement, providers, NAMI affiliates and other community stakeholders.

These local stakeholders hold ongoing meetings that address evolving issues within the community and deepen trust, accountability and understanding. They are building ongoing ownership by planning, implementing and networking within their community.

BENEFITS OF CIT

- ◆ *Extensive mental health and crisis de-escalation training, including crisis de-escalation role plays, hallucination simulations, ride-alongs with social workers, and more*
- ◆ *Increased safety and greater likelihood of connecting with mental health services*
- ◆ *Stronger relationships and better understanding between law enforcement, mental health service providers, advocates, families and individuals*