



# Grief Guide

Kenosha County

6/28/16



Kenosha County extends its deepest sympathies for your loss. Facing the death of a loved one can leave you feeling overwhelmed and emotionally stressed. This guide is designed to help you in the days, weeks, and months following the death of your loved one. It provides immediate next steps, including funeral planning resources and options, as well as information about support groups and other community resources you may wish to access in the months to come. We extend our deepest sympathies to you and your family.

~ Kenosha County Medical Examiner's Office and community partners

The agencies/companies listed are not authorized or recommended by the Kenosha County Medical Examiner's Office (KCMEO), but are provided as a convenience to those who request information only. It is not meant to be an exhaustive or complete list, and there may be other organizations available to provide this service. The KCMEO cannot recommend or authorize any vendors or providers, nor can we comment on the quality, pricing, or business practices of any vendor or provider. Purchase or receipt of any products or services arranged by consumers with any of these organizations is strictly between the consumer and the vendor.

## FUNERAL PLANNING

### Kenosha County Funeral Homes

Bruch Funeral Home  
3503 Roosevelt Road  
Kenosha, WI 53142  
262-652-8298

Casey Family Options  
3016 – 75<sup>th</sup> Street  
Kenosha, WI 53142  
262-653-0667

Haase, Lockwood &  
Associates Funeral  
Home  
620 Legion Drive  
Twin Lakes, WI 53181  
262-877-3013

Hansen – Lendman  
Funeral Home  
6019 – 7<sup>th</sup> Avenue  
Kenosha, WI 53143  
262-654-2136

Kenosha Funeral  
Services  
8226 Sheridan Road  
Kenosha, WI 53143  
262-652-1943

Piasecki – Althaus  
Funeral Home  
3720 – 39<sup>th</sup> Avenue  
Kenosha, WI 53144  
262-658-4101

Proko Funeral Home  
5111 – 60<sup>th</sup> Street  
Kenosha, WI 53144  
262-654-3533

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### Funeral Planning Assistance

Funeral directors can help guide you through the funeral planning process. Ask questions so you understand what services you are being charged for. Cost varies between funeral homes and whether you chose burial or cremation. A funeral or memorial services is unique to individual but should be memorable and meaningful, honoring the individual being remembered.

**National Funeral Directors Association Helpline** 1-800-228-NFDA (1-800-228-6332) can assist you with funeral planning, resources, information and support for your grief.

### Kenosha County Medical Examiner's Office

<http://www.kenoshacounty.org/377/Medical-Examiners-Office>

### Kenosha County Funeral Assistance

Kenosha County provides funeral or cremation assistance in some circumstances. Please consult your funeral director for how to apply for state or county funeral assistance.

## Organ & Tissue Donation

### Wisconsin Donor Network

Blood Center of Wisconsin is home to the Wisconsin Donor Network, a federally designated organ procurement organization supporting the transplant community in eastern Wisconsin. 1-800-722-8230 or 414-937-6999

<https://www.bcw.edu/bcw/Organ-Tissue-Marrow/index.htm>

**American Tissue Services Foundation** is a non-profit organization dedicated to caring for families and helping them heal from the death of their loved ones.

Jeanette Potts

(920) 738-6620 office or (920) 209-9040 cell or [jpotts@atsfoundation.org](mailto:jpotts@atsfoundation.org)

<http://www.atsfoundation.org/index.html>

## Burials

### Kenosha County Cemeteries

Kenosha County has 32 cemeteries. Visit [www.graveyards.com](http://www.graveyards.com) for a complete list.

### Grave Markers

Grave markers also known as headstones can be purchased through a cemetery or a private organization. Cost can vary from hundreds of dollars to many thousands of dollars. Check with the cemetery you chose before purchasing a headstone.

### Green Burials

Green or natural burial is a way of caring for the dead with minimal environmental impact that aids in the conservation of natural resources, reduction of carbon emissions, protection of worker health, and the restoration and/or preservation of habitat. Green burial necessitates the use of non-toxic and biodegradable materials, such as caskets, shrouds, and urns.

<http://www.greenburialcouncil.org/>. Right now in Wisconsin, green burials are only available in Madison & Milwaukee.

## VETERAN RESOURCES

If you or your loved one is and/or was a veteran you may be eligible for a variety of survivor's benefits. Contact the Veterans Administration for more information.

### Resources

[www.va.gov](http://www.va.gov)

Kenosha County Division of Veterans Services

8600 Sheridan Rd Suite700

Kenosha WI 53143-6516

262-605-6690

<http://www.kenoshacounty.org/368/Veterans>

## GRIEF & BEREAVEMENT RESOURCES

### Child Loss

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| <p><b>Infant Death Center</b> provides bereavement support and resources to WI families and others affected by the sudden and unexpected death of an infant<br/> <a href="http://www.chawisconsin.org">www.chawisconsin.org</a><br/>         414-337-4571</p>  | <p><b>Miss Foundation</b> is a volunteer based organization providing. [counseling, advocacy, research, and education] services to families experiencing the death of a child<br/> <a href="http://www.missfoundation.org">www.missfoundation.org</a><br/>         1-602-279-MISS (6477)<br/>         1-888-455-MISS (6477)<br/> <a href="mailto:info@missfoundation.org">info@missfoundation.org</a></p> | <p><b>Share: Pregnancy and Infant Loss Support, Inc.</b> is a community for anyone who experiences the tragic death of a baby. We often serve parents, grandparents, siblings, and others in the family as well as the professionals who care for grieving families<br/> <a href="http://nationalshare.org/">http://nationalshare.org/</a><br/>         636-947-6164<br/> <a href="mailto:dcochran@nationalshare.org">dcochran@nationalshare.org</a></p> |
| <p><b>Healing Hearts for Bereaved Parents</b> are dedicated to providing grief support and services to parents who are suffering as the result of the death of their child or children<br/> <a href="http://www.healingheart.net">www.healingheart.net</a><br/> <a href="mailto:support@healingheart.net">support@healingheart.net</a></p> | <p><b>Parents of Murdered Children</b> provides support and assistance to all survivors of homicide victims while working to create a world free of murder<br/> <a href="http://www.pomc.com">www.pomc.com</a><br/>         (513) 721-5683<br/>         (888) 818-7662<br/> <a href="mailto:natlpomc@pomc.org">natlpomc@pomc.org</a></p>  | <p><b>Twinless Twins</b> provide a safe and compassionate community for twinless twins to experience healing and understanding. We also provide support for twins and other multiples who have lost their twin due to death or estrangement at any age.<br/> <a href="http://www.twinlesstwins.org">www.twinlesstwins.org</a></p>  |
| <p><b>Bereaved Parents of USA</b> is a self-help group that offers support, understanding, compassion and hope especially to the newly bereaved struggling to rebuild their lives after the death of their children, grandchildren or siblings<br/> <a href="http://www.bereavedparentsusa.org">www.bereavedparentsusa.org</a></p>         | <p><b>Faith's Lodge</b> – 6942 County Rd C Danbury, WI 54830<br/>         715-866-8200<br/>         Serves families who have suffered the loss of a child within the past three years.<br/> <a href="http://www.faithslodge.org">www.faithslodge.org</a></p>  |  |

## General Grief

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| <p><b>Hello Grief</b> provides information and resources about grief in order to break through the current culture of avoidance that surrounds death and loss.</p> <p><a href="http://www.hellogrief.org">www.hellogrief.org</a><br/> <a href="mailto:HelloGrief@comfortzonecamp.org">HelloGrief@comfortzonecamp.org</a></p>   | <p><b>Grief Watch</b> was created to provide bereavement resources, memorial products and links that can help when experiencing a personal loss.</p> <p><a href="http://www.griefwatch.com">www.griefwatch.com</a></p>  | <p><b>Mothers Against Drunk Driving (MADD)</b> provided supportive services to drunk and drugged driving victims to help them cope with the devastating impact of substance-impaired driving crashes.</p> <p><a href="http://www.madd.org">www.madd.org</a><br/>         24 hr victim helpline<br/>         877-MADD-HELP</p> |
| <p><b>Grieving Center</b> is a web based television channel devoted to assisting those who have lost loved ones.</p> <p><a href="http://www.grievingcenter.org">www.grievingcenter.org</a></p>   | <p><b>Healing the Spirit</b> promotes healing and peace for organ and tissue donor families. Our website, however, is open and available for all who mourn the death of a loved one.</p> <p><a href="http://www.healingthespirit.org">www.healingthespirit.org</a></p>                          | <p><b>Kyle's Korner</b> is dedicated to helping grieving children, teens and their families who are coping with the death of a loved one.</p> <p><a href="http://www.kyleskorner.org/">http://www.kyleskorner.org/</a></p>  |
| <p><b>The Dougy Center</b> provides support in a safe place where children, teens, young adults, and their families grieving a death can share their experiences.</p> <p><a href="http://www.dougy.org/">http://www.dougy.org/</a><br/>         503-775-5683<br/> <a href="mailto:help@dougy.org">help@dougy.org</a></p>   |   |   |
| <h2>Substance Use Deaths</h2>  |   |   |
| <p><b>The Brendon Project</b> is to create a unified voice, a visual picture to demonstrate how many loved ones have been needlessly lost to the disease of addiction. The intention of this project is to bring people together.</p> <p><a href="http://www.thebrendonproject.com/">http://www.thebrendonproject.com/</a></p>   | <p><b>Grief Recovery After A Substance Passing (GRASP)</b> – provides sources of help, compassion, and understanding for families or individuals who have had a loved one die as a result of substance abuse or addiction.</p> <p><a href="http://grasphelp.org/">http://grasphelp.org/</a></p> |   |
| <p><b>Broken No More</b> provides support and guidance to those who have lost a loved one due to substance use, to advance the treatment of, and eventual cures for addiction / substance use disorder in a meaningful and useful way and to effect positive policy changes in the current failed war on drugs.</p> <p><a href="http://broken-no-more.org">http://broken-no-more.org</a></p> |   |   |



## Loss from Suicide

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| <p><b>American Foundation for Suicide Prevention (AFSP)</b> mission is to save lives and bring hope to those affected by suicide<br/> <a href="http://www.afsp.org">www.afsp.org</a></p>   | <p><b>National Suicide Prevention Lifeline</b> - No matter what problems you are dealing with, we want to help you find a reason to keep living. Call anytime 24/7 and you'll be connected to a skilled, trained counselor at a crisis center. Your call is confidential and free.<br/> <a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a><br/>           1-800-273-TALK(8255)</p>  |
| <p><b>SAVE</b> is based on the foundation and belief that suicide should no longer be considered a hidden or taboo topic and that through raising awareness and educating the public, we can SAVE lives.<br/> <a href="http://www.save.org">www.save.org</a></p>   | <p><b>SPRC</b> is a resource center devoted to advancing the <b>National Strategy for Suicide Prevention</b>. We provide technical assistance, training, and materials to increase the knowledge and expertise of suicide prevention practitioners and other professionals serving people at risk for suicide. We also promote collaboration among a variety of organizations that play a role in developing the field of suicide prevention.<br/> <a href="http://www.sprc.org">www.sprc.org</a></p> |
| <p><b>Center for Suicide Awareness</b><br/>           HOPELINE by the Center for Suicide Awareness is a text-in (versus voice call-in) free service for help and hope. HOPELINE is the emotional support text line in the state of Wisconsin. Text HOPELINE to 741741. HOPELINE's purpose is to offer emotional support and resources before situations rise to crisis level. <a href="http://www.centerforsuicideawareness.org">www.centerforsuicideawareness.org</a></p> |   |

## Grieving Children and Teens

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| <p><b>Helping children through grief and loss</b><br/>           There are also books to help children cope with loss.<br/> <a href="http://www.grievingchildren.net/">http://www.grievingchildren.net/</a></p>  | <p><b>Margaret Ann's Program</b> creates opportunities for children and teens grieving the death of someone close to them to engage in peer discussions, organized activities, and peer bonding. Thanks to the generosity of individual and corporate donors, this program is free to all individuals.<br/>           262-634-2391<br/> <a href="mailto:info@FSRacine.org">info@FSRacine.org</a><br/> <a href="http://fsracine.org/margaretann-s-program.html">http://fsracine.org/margaretann-s-program.html</a></p> |
| <p><b>Camp Erin</b> is a free bereavement camp designed for children and teens ages 6 – 17 who have experienced the death of someone close to them. This weekend-long experience is filled with traditional, fun camp activities combined with grief education and emotional support—led by grief professionals and trained volunteers. Camp Erin provides a unique opportunity for peer bonding between children and teens facing a similar life circumstance.<br/> <a href="http://seasonsfoundation.org/camp-erin-milwaukee/">http://seasonsfoundation.org/camp-erin-milwaukee/</a></p> | <p><b>Camp HOPE</b> is a place in central Wisconsin where children and teenagers gather to work through the grieving process after a loved one dies. The camp gently guides the children and teenagers through the complex emotions by showing them that they are not alone.<br/> <a href="http://camphopeforkids.org/">http://camphopeforkids.org/</a><br/> <a href="mailto:camphope89@gmail.com">camphope89@gmail.com</a></p>   |

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| <p><b>National Alliance for Grieving Children</b><br/>promotes awareness of the needs of children and teens grieving a death and provides education and resources for anyone who wants to support them.<br/><a href="http://www.childrengrieve.org">www.childrengrieve.org</a><br/>(866)432-1542</p> | <p><b>Kidsaid</b> purpose is to give kids their own place to deal with their feelings with other kids who have suffered major losses.<br/><a href="http://www.kidsaid.com">www.kidsaid.com</a></p> |
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| <b>Remembrance</b>  |  |
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| <p><b>Full Circle Memory Wall</b><br/>Remembering is an important part of the healing process. Many times, children and adults who experience a loss are looking for tangible ways to remember and honor their loved one. The Full Circle Memory Wall is open for everyone. Create your own Memory Page for someone.<br/><a href="http://www.fullcirclegc.org/memorywall">www.fullcirclegc.org/memorywall</a></p> | <p>The Healing Garden is a child grief web page with interactive activities to help children deal with their grief and loss through creative expression and companion interaction.<br/><a href="http://www.healingthespirit.org/healing-garden/Healing_Garden.htm">http://www.healingthespirit.org/healing-garden/Healing_Garden.htm</a></p> |

| <b>Local Support Groups</b>   |  |
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| <p><b>Survivors of Suicide Support Group</b><br/><a href="http://www.kenoshacounty.org/946/Community-Resources">http://www.kenoshacounty.org/946/Community-Resources</a><br/>Contact Debbie at 262-605-6722<br/><a href="mailto:Debbie.rueber@kenoshacounty.org">Debbie.rueber@kenoshacounty.org</a><br/>Meetings are held at Piasecki Althaus Family Services Center 2002 52<sup>nd</sup> St Kenosha WI 53140<br/>Call or e-mail for meeting schedule.</p> | <p><b>The Compassionate Friends</b><br/><a href="http://www.compassionatefriends.org">http://www.compassionatefriends.org</a><br/>Contact Diane at 262-895-4888<br/><a href="mailto:merrittsmom@wi.rr.com">merrittsmom@wi.rr.com</a><br/>Meetings are the Last Tuesday of each month at 7:00pm at Wheaton Franciscan Healthcare (lower level) 3801 Spring St Racine WI 53405</p>   |
| <p><b>Resolve Through Sharing</b><br/>Contact Chaplain Catherine Neal at 262-656-2753<br/>The support group meets at St. Catherine's Medical Center Campus 9555 76<sup>th</sup> St Conf Rm A on the third Tuesday of each month from 7:00pm to 8:30pm<br/><a href="mailto:catherine.neal@uhsi.org">catherine.neal@uhsi.org</a></p>  | <p><b>Grief Share</b> is a faith based support group for those who have lost a spouse, child, family member, or friend. There are thousands of Grief Share groups meeting weekly at locations around the world. The Grief Share program is designed so that you can join the group at any time. You will be welcomed and encouraged.<br/><a href="http://www.griefshare.org">www.griefshare.org</a><br/><a href="mailto:info@griefshare.org">info@griefshare.org</a></p> |

| <b>THERAPY &amp; COUNSELING RESOURCES</b>   |
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| <p>There are many options for those seeking therapy. A complete up to date list can be found at <a href="http://www.kenoshacounty.org/946/Community-Resources">http://www.kenoshacounty.org/946/Community-Resources</a><br/>Many religious or spiritual organization also offer counseling services or grief support. For more information contact your place of worship.</p> |



## NAMI - National Alliance on Mental Illness

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| NAMI Kenosha County<br>P.O. Box 631, Kenosha, WI 53141<br>262-652-3606<br><a href="http://www.namikenosha.org/">http://www.namikenosha.org/</a> | NAMI Racine County<br>2300 DeKoven Ave. Racine, WI 53403<br>(262) 637-0582<br><a href="http://www.namiracinecounty.org/">http://www.namiracinecounty.org/</a><br><a href="mailto:info@NAMIRacine.org">info@NAMIRacine.org</a> |     |
| <b>CRISIS SERVICES</b>  |   |     |
| Crisis Intervention<br>Available 24 hours/day, 7 days a week<br>262-657-7188<br>1-800-236-7188  | HOPELINE<br>Text HOPELINE to741741  | 911 |

## LEGAL DOCUMENTS & RECORDS

### Death Certificates

The death certificate is completed in two sections: the medical portion is completed by either the Kenosha County Medical Examiner's Office (KCMEO) or a physician, while the remainder is completed by the funeral home. Once the death certificate is completed, it is the responsibility of the funeral home to file the document with the WI State Office of Vital Statistics. The funeral home can then provide you with copies of the death certificate. You may also request a death certificate from the Register of Deeds office at 262-653-2444 or apply on-line at <http://www.kenoshacounty.org/547/Vital-Records>. There is a charge for death certificates.

### Autopsy Report

If you would like to request an autopsy report contacts the medical examiner's office. There is no charge for next of kin to receive the report. Note that reports can take 3-4 months or longer to be finalized.

Kenosha County Medical Examiner's Office  
8600 Sheridan Rd Kenosha WI 53143  
262-653-3869

### Police Report

You may be able to obtain a copy of the police report if there is an investigation of an accident or crime related to your loved one.

Kenosha Police Department 262-605-5212

Kenosha Sheriff's Department 262-653-6600

Pleasant Prairie Police Department 262-694-7353

Twin Lakes Police Department 262-877-9056

Police case number: \_\_\_\_\_

Deputy/Officer/Trooper: \_\_\_\_\_

## Crime Victim Information

If your loved one passed away due to the criminal actions of another you may be eligible for financial assistance from the Crime Victim Compensation fund for medical, funeral, or counseling costs.

[www.doj.state.wi.us](http://www.doj.state.wi.us)

Phone in Madison area: 608-264-9497

Toll-free: 800-446-6564

TTY: 800-947-3529

If your loved one was the victim of a crime and their case is sent to the District Attorney's Office, please contact the Victim Witness staff at the District Attorney's Office. You may be eligible for services and assistance.

[www.kenoshacounty.org](http://www.kenoshacounty.org)

262-653-2408

## Medical Records

Depending on your relationship to the deceased and their medical record releases, you may be able to obtain medical records from the hospital or clinic where your loved one was treated.

|                       |                                |                                       |
|-----------------------|--------------------------------|---------------------------------------|
| Aurora Medical Center | United Hospital Kenosha Campus | United Hospital St Catherine's Campus |
| 262-948-5600          | 262-656-2011                   | 262-577-8000                          |

## Social Security Benefits

As next of kin of the deceased, you may be eligible for survivor benefits. You will need the following documents to apply to receive survivor benefits, but you are encouraged to begin the application process even if you cannot locate all of these documents. The Social Security Administration can assist you in obtaining them.

- Proof of death (from funeral home or death certificate)
- Your social security number as well as the deceased worker's
- Your birth certificate
- Your marriage certificate if you are a widow or widower
- Your divorce papers (if you are applying as a divorced widow or widower)
- Dependent children's birth certificate and social security numbers
- Your bank name and account number so that your benefits can be directly deposited
- Deceased workers W-2 form or self-employment tax return from the most recent year

Contact the Social Security Administration:

Online: [www.ssa.gov](http://www.ssa.gov)

Phone: 1-800-772-1213 (TTY 1-800-325-0778)

Or in person at the nearest Social Security Office

5624 6<sup>th</sup> Ave Kenosha WI 53140

1-866-334-4997

## Death Notification

Notify agencies of your loved one's death

**US Postal Service** – 1-800-275-8777

If the deceased lived alone, it is recommended to forward mail to another location so it does not accumulate. The documents, statements, and subscription that come in the mail for the deceased may help you to identify organizations that have not yet been notified of your loved one's death.

**Their employer (if applicable)**

Phone: \_\_\_\_\_

**Insurance agent:**

Phone: \_\_\_\_\_

**Bank**

Phone: \_\_\_\_\_

**American Red Cross** 1-877-272-7337

<http://www.redcross.org/get-help/military-families/emergency-communication>

If a family member is in the U.S. Military, the Hero Care Center is available 7 days a week, 24 hours a day, 365 days a year, with two options for requesting assistance, online and by phone.

## Obituaries

The funeral home of your choice will usually write and submit the obituary to the desired newspaper. If you are not working with a funeral home or choosing to do this yourself you can contact the newspaper directly.

Kenosha News

(262) 656-6212

[obits@kenoshanews.com](mailto:obits@kenoshanews.com)

Racine Journal Times

(262)631-1774

[obits@journaltimes.com](mailto:obits@journaltimes.com)

Guide to writing an obituary

<http://www.legacy.com/news/advice-and-support/article/guide-to-writing-an-obituary>

## BIOHAZARD CLEANUP

These companies will contain, sanitize, disinfect, repair damaged property and dispose of materials resulting from accidents, trauma, crime or death so families don't have to.

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| Action Bio-Care, Inc.<br>877-ABC-NOW7<br>877-222-6697  | <a href="#">Archangels</a><br>1-877-409-9111        | Assured Decontamination Services (ADS)<br>800-924-6384 |
| Badger Remediation<br>414-476-5861<br><a href="http://www.Badgerremediation.com">www.Badgerremediation.com</a> | BIMS<br>866-883-2467                                | Bio-Crisis Cleaning Services, Inc.<br>847-561-4560     |
| Bio-tec Emergency Services<br>888-246-9111   | Healing Angels<br>414-881-2787                      | JJ's Bio-hazard Clean-Up<br>414-731-0962               |
| Marathon Trauma Biohazard<br>888-633-4495 or<br>414-766-1300   | P & R Crime & Trauma Scene Cleaning<br>262-284-9386 | Paul Davis Restoration & Remodeling<br>414-383-3131    |
| <a href="#">PuroClean</a><br>414-516-4300  | Servpro of Lake Geneva<br>262-248-7588              | Step One Services, LLC<br>262-733-7554                 |
| <a href="#">24 Hour Emergency Cleanup Services, LLC</a><br>414-339-0296  |   |  |

## Grief and Bereavement

**Grief** is a response to loss, generally from the loss of someone who has died, focused mostly on an emotional response but it can also be cognitive, physical, behavioral, social or spiritual and philosophical.

You may feel a range of emotions such as anger, guilt, sadness, disbelief, shock, denial, emptiness, resentment, and even relief. All your feelings are normal.

Three things to remember when you are grieving.

1. Don't be afraid to cry.
2. Talk about your loved one. Say their name. Let your friends and family know that it is ok to talk about them, share stories and say their name as well.
3. Give yourself permission to ask for help. (professional help, support group, religious leader in your community)

Grief is a personal process & journey. There is no "right" or "wrong" way to grieve. Take the time you need. You will never get over the loss of your loved one, but you will get through it.

For any corrections to the grief guide please contact Debbie Rueber at 262-605-6722 or e-mail [debbie.rueber@kenoshacounty.org](mailto:debbie.rueber@kenoshacounty.org)