

## Kenosha-Racine Member Profile

Number of houses: 4

Total number of beds: 33

### **The basic requirements for Oxford House residents are:**

- Remain abstinent from alcohol and / or other drugs
- Pay your equal share of the expenses of the house
- Do not engage in disruptive behavior
- Actively participate in the democratic process of the house



The Oxford House concept, which emphasizes that together we CAN run a clean and sober house, is KEY to gaining the time and the strength we all need to stay clean and sober forever.

In its simplest form, an Oxford House is a democratically run, self-supporting drug-free sober house. It is a place you can get comfortable living a sober life. **If you are serious about recovery, this is the place to be.** Oxford House, Inc. is a publically supported, non-profit 501(c)3 umbrella organization which provides the network connecting all Oxford Houses.

**Oxford House** is listed on the National Registry of Evidence Based Programs and Practices (NREPP) [nrepp.samhsa.gov](http://nrepp.samhsa.gov)

**Kenosha-Racine Chapter of Oxford Houses Information Line  
262-220-1975**

**Oxford House World Services**  
1010 Wayne Ave, Suite 300 Silver Spring, MD 20910  
301-587-2916 OR  
[www.oxfordhouse.org](http://www.oxfordhouse.org)

# KENOSHA - RACINE CHAPTER OF OXFORD HOUSES



**Recovery Without Relapse**

# Frequently Asked Questions:

**Who Manages an Oxford House?** Oxford Houses are democratically self-run by the residents who elect officers to serve for terms of six months. In this respect, they are similar to a Housing Cooperative. However, if a majority of residents believe that any member has relapsed into using alcohol or other drugs, that person is immediately expelled. There are no resident counselors or manager in an Oxford House.

**Why is an Oxford House self-run?** Oxford Houses are self-run because (1) this permits individuals in recovery to learn responsibility and (2) the cost associated with self-run housing permits extensive replication of houses. Each House is fully responsible for its own expenses and debts which will not and cannot be assumed by the National or State Organization of Oxford Houses.

**How can one get into an Oxford House?** Any recovering alcoholic or addict can apply to get into any Oxford House by filling out an application and being interviewed by the existing members of the house. The application is then considered by the membership of the house. If there is a vacancy and if 80% of the members approve, the applicant is accepted and can move into the house.

**How much sobriety or clean time is needed before an individual can be accepted into an Oxford House?** Usually, an individual comes into an Oxford House after a rehabilitation program, a detoxification program or 30 days of sobriety.

**Do Oxford Houses work for those participating in a drug court program or getting out of jail?** Yes. Oxford Houses have a working relationship with drug courts and correctional treatment programs. Living in an Oxford House provides the time, peer support and self-confidence to assure long-term sobriety without relapse. However, Oxford House does not report back to the court, and is not available to testify on anyone's behalf.

**Is an Oxford House appropriate for those with a dual diagnosis?** Yes, however, Oxford Houses do not have counselors or therapists. Members must manage their own medications without abusing them.

**What is the ideal number of individuals to make a self-run, self-supporting recovery house work?** Experience of Oxford House has shown that 6 to 10 members work very well. A house with fewer than six individuals is difficult to maintain because of the small size of the group and the fact that any vacancy causes a greater disruption of the financial stability of the house.

**Does Oxford House serve Veterans?** Yes. Many vets use Oxford House as a part of their recovery program as a way to integrate into society in a safe, sober living environment.

**How much does it cost to live in an Oxford House?** Members split house rent and expenses equally, which averages about \$100 per person, per week. A modest sober deposit is also required. Weekly rent includes cable TV, internet, laundry and a fully furnished home. Members provide their own food, towels and bedding.

**What if I relapse in an Oxford House?** You will be immediately expelled if members find you have used alcohol or other drugs in or outside of the House. The welfare of other members is too important to allow anyone who relapses to stay. You may reapply to Oxford House after 30 days of continuous sobriety.

**How long can I stay at an Oxford House?** There is no maximum limit. Members can stay as long as it takes to become comfortable with sobriety. The average stay is a little less than a year, but many residents stay one, two or more years. There is no pressure on anyone in good standing to leave.

## Kenosha-Racine Oxford Houses Chapter Membership

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### **Oxford House Ayers (Male)**

45th Street  
Kenosha, WI 53140  
262-577-5116

### **Oxford House Jerry C. (Male)**

2414 61st Street  
Kenosha, WI 53143  
262+383-1662

### **Oxford House Joe Prott (Male)**

1336 Virginia Street  
Racine, WI 53405  
262-800-3840

### **Oxford House Lena (Female)**

1630 56th Street  
Kenosha, WI 53140  
262-331-1753