

# CIP – Personality Disorders

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## Personality Disorders

DSM criteria include enduring behavior pattern

- Pervasive and inflexible
- Stable and of long duration
- Clinically significant distress or impairment in functioning
- Manifested in at least two areas



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## Personality Disorders

Cluster A includes:	Cluster B includes:	Cluster C includes:
<ul style="list-style-type: none"><li>Paranoid</li><li>Schizoid</li><li>Schizotypal</li></ul>	<ul style="list-style-type: none"><li>Histrionic</li><li>Narcissistic</li><li>Antisocial</li><li>Borderline</li></ul>	<ul style="list-style-type: none"><li>Avoidant</li><li>Dependent</li><li>Obsessive-compulsive</li></ul>



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## Personality Disorders

- Antisocial Personality Disorder
- Borderline Personality Disorder
- Histrionic Personality Disorder (HPD)
- Narcissistic Personality Disorder



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## Antisocial Personality Disorder

**SIGNS and SYMPTOMS**

- Disregard for and violation of the rights of others
- Failure to conform to social norms and laws
- Impulsive, irritable, aggressive, involved in fights or assaults
- Frequent lying, using aliases, or conning others for personal pleasure or profit
- Complete disregard for safety of self or others
- Lack of remorse



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## Interview with the Iceman



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## Analysis of the Iceman



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## Borderline Personality Disorder

### **SIGNS and SYMPTOMS**

- Unstable and intense interpersonal relationships (extremes)
- Efforts to avoid real or imagined abandonment
- Unstable self-image/sense of self
- Impulsive in areas that are self-damaging (e.g., substance misuse, driving, binge eating, spending)
- Recent suicidal behavior, gestures, threats, or self-harm
- Intense mood irritability or anxiety
- Consistent feelings of emptiness
- Intense anger, difficulties controlling anger



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## Borderline Personality Disorder



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## Histrionic Personality Disorder

**SIGNS and SYMPTOMS**

- Excessive emotional and attention seeking
- Uncomfortable in situations where he/she is not the center of attention
- Interaction with others often includes inappropriate sexually seductive or provocative behavior
- Shifting and shallow expressions of emotions
- Uses physical appearance to attract attention
- Self-dramatization, theatricality, exaggerated expression of emotion
- Is easily influenced by others
- Sees relationships as more intimate than they actually are



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## Living with HPD: "Praise Me"

- Living with someone with HPD can be exhausting, humiliating, frustrating, and isolating
- Feeling as though you are the "reasonable" one
- Individuals with HPD do not typically look for solutions to their problems
- Trying to make someone with HPD feel "happy" feels like an uphill battle
- Individuals with HPD often don't see their own destructiveness
- Important problems may be considered less important than the more fabricated or exaggerated issues
- Experience extreme emotional highs and lows

<b>P R A I S E</b>	Provocative behavior
	Relational intimacy
	Attention
	Influenced easily
	Splashy speech
<b>M E</b>	Emotional liability
	Make-up
	Exaggerated emotions



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## Histrionic Personality Disorder

- A mnemonic used to describe the criteria for histrionic personality disorder is "PRAISE ME":
- P - provocative (or seductive) behavior
- R - relationships, considered more intimate than they are
- A - attention, must be at center of
- I - influenced easily
- S - speech (style) - wants to impress, lacks detail
- E - emotional liability, shallowness

M - make-up - physical appearance used to draw attention to self  
E - exaggerated emotions - theatrical



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## Narcissistic Personality Disorder

### **SIGNS and SYMPTOMS**

- Grandiosity, need for admiration, lack of empathy
- Grandiose sense of self-importance; exaggerates talents
- Preoccupied with fantasies of unlimited success, power
- Believes he/she is "special" and unique (only to associate with high status people)
- Requires excessive admiration
- Sense of entitlement, unreasonable expectations



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## Contact Information

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