

What Makes Us Unique

West Grove Clinic offers our patients comprehensive treatment. We provide you a knowledgeable, skilled, and compassionate treatment team that works together to help provide you the best care. Additionally, we do not believe in a 'cookie cutter' approach. We know everyone is unique and believe in individualized treatment.

Provider Training Site

West Grove Clinic believes in training new providers and staying innovative. Due to this belief we have made strong connections with university's in the greater Milwaukee area to be a training site for psychiatric residents/fellows, PAs, APNPs and counseling interns.

Most Insurances Accepted

West Grove Clinic has worked hard to be able to accept most commercial, Medicaid, and Medicare plans. We encourage you to call your insurance provider to confirm your benefits. Please call us at 414-810-4844 with questions regarding your insurance or to schedule an appointment.

Where is West Grove Clinic Located

We are located on 100th Street and Capital Drive, just 8 blocks east of HWY 100. We have ample parking in the back of our building.

For patients utilizing public transportation we are just minutes away from a bus stop just east of our building on Capital Drive.

HOPE

Coming soon!
1400 75th St
Kenosha, WI 53143
(262) 909-6008

West Grove Clinic

Healing the mind, the body, and the soul

10012 W Capitol Dr ~ Wauwatosa, WI 53222
P: 414-810-4844 ~ F: 414-810-4845
www.westgroveclinic.com

Contact Information

P: 414-810-4844 ~ F: 414-810-4845

Additional Information

www.westgroveclinic.com

Offered Services

Individual Counseling

West Grove Clinic offers individual counseling for mental health and substance use related concerns. Some of the treatment modalities offered are:

- EMDR (Eye Movement Desensitization and Reprocessing)
- CBT (Cognitive Behavioral Therapy)
- DBT (Dialectical Behavioral Therapy)
- Art Therapy
- Biofeedback
- Couples and Family Counseling
- Child and Adolescent Counseling

Road To Recovery - Support Group

West Grove Clinic offers a support group for individuals who have completed Intensive Outpatient Programming or are seeking additional support in their recovery. This group welcomes everyone including those who are utilizing medication assisted treatment. This group focuses on the successes and challenges faced in the later stages of recovery.

Seeking Safety

This is a women's support group focused on trauma and substance use. Seeking Safety is designed to be a focused support group in a safe environment. This group does not require members to share their trauma story, instead it focuses on the present while teaching effective coping skills.

Medication Management

Recovery Support

West Grove Clinic offers medication assisted treatment for those in recovery. We have multiple providers that are knowledgeable in the use of buprenorphine (Suboxone/Zubsolv/Sublocade), which can be an effective treatment option for those struggling with opiate use.

We also have providers who are skilled in the use of Vivitrol, a monthly injection of naltrexone to assist with cravings for opiates and alcohol.

Due to the clinic utilizing a comprehensive treatment approach, patients can be referred to supportive treatment such as our Intensive Outpatient Program, support groups and individual counseling. Medication assisted treatment can be a great tool, however, research shows engaging in additional services leads to a stronger recovery foundation.

Mental Health Support

West Grove Clinic has experienced and knowledgeable providers for individuals with mental health concerns such as: depression, anxiety, ADD/ADHD, bipolar, and others. Additionally, we offer counseling services to assist you with your mental health needs.

Intensive Outpatient Program

About our program

We offer a substance use focused Intensive Outpatient Program (IOP). This program provides support, structure, psycho-education, and tools to assist during the beginning stages of the recovery process. We pride ourselves on not taking a 'cookie cutter' approach and we focus on the needs of our IOP members. Our IOP incorporates modalities such as: holistics, art, skill building, psycho education, support night, CBT, DBT, and much more.

IOP Times

West Grove Clinic currently offers Morning, Afternoon, and Evening group times to meet the schedules of our patients. All three of our groups meet Mondays, Wednesdays, and Thursdays for 3 hours per session. Please call the clinic or visit our website to get the most up-to-date times.

How to engage in our IOP

To engage in our IOP call 414-810-4844 and speak with a front desk staff member. You will need to schedule an intake assessment to ensure the IOP is the right level of care for you. After the assessment with one of our providers, you will be scheduled to begin treatment in our IOP.